

## Hereditary Angioedema (HAE) Monthly Diary

Name:		Month/Year:								
Day	Morning Weight (lb)	Evening Weight (lb)	Pain (0-10)	Locations of swelling and severity (cm)	Any other associated symptoms?	Name of diuretic used, dose & time	Weight BEFORE diuretic (lb)	Weight AFTER diuretic (lb)	Triggers? (stress, infection, i.e.)	Name of abortive medications used (Ruconest, Berinert, Firazyr, Kalbitor, etc.) <b>and rate its effectiveness</b>
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Baseline weight prior to HAE diagnosis:

Baseline measurement of locations prior to swelling (if applicable):

Abdomen:

Arms:

Thigh:

